

**FALL 2017 September 12- October 26th**

Tentative Schedule & Locations

Walk # Date Planned Location Time

Walk #1 September 12 Terry Fox Route-*Walking Meditation* 1:15pm 

\*Terry Fox Run is held September 17 2017 in Sault Ste Marie On at 830am\*

Walk #2 Wed. September 13 Heritage Walking Tour 2pm-4pm 

\*This is a community event. Sault Ste Marie Heritage Walking Tours are an opportunity for you to discover the rich history of Sault Ste Marie. They are led by a guide and will not necessarily be accompanied by a CMHA staff member\*

\* Meeting spot for this FREE event is at 1:50pm at the Roberta Bondar Pavilion \*

Walk #3 Wed. Sept. 20 Mill Market- *“I Spy” walk* 1:15pm 

\*Please Note that the Market will be open if you’d like to purchase local items and is optional\*

Walk #4 Wed. Sept. 27 Old Stone House- Fall Festival 1:15pm 

Walk #5 October 03 Hub trail North-*Scavenger Hunt* 1:15pm 

Walk #6 October 10 Bellevue Park-Walking Meditation 1:15pm 

Walk #7 October 17 Fort Creek-*Walking Meditation* 1:15pm 

Walk #8 Thurs. Oct 26 Museum –Haunted House **$2.00** 1:15pm 

\*In the event of rain, we will be walking at the Essar Center\*

\*Unless otherwise noted please meet at CLUB 84 for 1pm\*

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